

**MND Scotland**

**Freelance Counsellor**

**Job Pack**





## MND Scotland – About Us

### **About MND Scotland**

MND Scotland is the only charity in Scotland dedicated to supporting people with MND, their families, and friends.

Since being founded over forty years ago, MND Scotland has provided practical, financial, and emotional support to anyone affected by MND whilst also funding essential research into finding effective treatments and a cure.

MND Scotland is funded entirely by donations and grants. The charity's patron is Her Royal Highness, the Princess Royal.

For more information, visit [mndscotland.org.uk](https://mndscotland.org.uk).



## Freelance Counsellor

- Hours:** Flexible, self-employed basis, typically 4–6 counselling sessions per week (by mutual agreement, dependent on client referrals). Each session is 60 minutes.
- Salary:** £50 per counselling session
- Location:** Home working (remote delivery of counselling sessions). Occasional travel to MND Scotland Head Office, Glasgow
- Directorate:** Support Development Directorate

### Role Purpose

A new opportunity exists for accredited counsellors throughout Scotland to work on a self-employed basis with people affected by Motor Neuron Disease (MND).

Working closely with MND Scotland's Support Team, the counsellors will provide 1:1 online or telephone counselling to adults (18+) who are living with a diagnosis of MND, or caring for a loved one with MND, or have been bereaved by MND.

Currently counselling sessions are conducted remotely. This will continue to be reviewed dependant on service need and capacity. Travel to MND Scotland's head office in Glasgow for meetings will be required on an ad hoc basis, however, most meetings will be held online.

MND Scotland will provide the opportunity to share experiences through peer support with other counsellors.

### Key Responsibilities and Accountabilities

- Provide 1:1 counselling via telephone or video call to adults affected by Motor Neuron Disease (people diagnosed, carers, or those bereaved)
- Work to an agreed model of up to 12 sessions per client, unless otherwise arranged with the Support Team.
- Maintain accurate and secure client records in line with professional, legal and ethical requirements.
- Liaise with MND Scotland's Support Team regarding client allocation, progress, and any safeguarding concerns.
- Ensure practice is consistent with professional accreditation standards (e.g. BACP, COSCA, UKCP or equivalent).
- Attend online or in-person meetings with MND Scotland Support Team as required.
- Uphold confidentiality, data protection and safeguarding standards at all times.

## Essential Criteria

- Minimum 2 years' post-qualification experience of counselling including working with people affected by a life-limiting illness.
- BACP/COSCA accreditation and confirmation of PVG scheme membership
- Personal organisation of external supervision with a suitably qualified counselling supervisor.
- Maintenance of appropriate professional indemnity insurance.
- Ability to work independently and to manage own caseload.
- Flexible approach to working.
- Awareness of issues faced by people with MND, unpaid carers, and bereaved family members.

## Desirable Skills and Experience

- Trained in Acceptance and Commitment Therapy (ACT)
- Experience of working with clients using an assistive communication device
- Availability to offer evening counselling sessions to accommodate client needs.

## Additional Relevant Criteria

This job description is current at the date of issue. As and when the work of MND Scotland develops or changes so the areas of responsibility may be subject to change, and the job description reviewed. Such changes would in the first instance be made in consultation with the post holder.

In line with our commitment to safeguarding, this role is subject to PVG check.